

# FLORIDA LMSC POSTAL RECORDS

## One Hour, 5K/10K, 3000/6000 Yards

W O M E N				M E N			W O M E N ' S R E L A Y S			M E N ' S R E L A Y S			M I X E D R E L A Y S			
<b>5K, as of 9/15/05</b>																
18-24	1:14.25.00	Farah Hall	SPM-04	1:06.29.35	R Woodruff	GSC-01	18+							5:03:22.26	T Bradley, Zien	
25-29	1:10:47.33	S Predmore	SPM-95	1:16:58.99	R Villacres	SPM-98									Rimel, Kaleel	SPM-05
30-34	1:20:58.99	Tish Oleksy	SPM-95	1:10:24.09	Jason Breese	SPM-01	25+	5:04.34.45	Campbell, E Smith		3:32:09.63	Kennedy, Villacres		5:01:26.00	Kennedy, Breese	
35-39	1:09:54.37	C Shonkwiler	UNA-96	1:10:17.01	Brian Rimel	SPM-02			Snow	FACT-04		Melson	SPM-01		Zien, Kaleel	SPM-01
40-44	1:13:01.69	Wanda Brown	BRAT-98	1:07:43.06	T Kennedy	SPM-00	35+	4:04:31.00	Zien, Kaleel		3:28:08.44	Kennedy, Rimel		5:00:29.44	Zien, Swanson	
45-49	1:15:48.00	Sharon Salzman	SPM-04	1:06:59.09	T Kennedy	SPM-02			Swanson	SPM-01		Collins	SPM-02		Rimel, Collins	SPM-02
50-54	1:23:30.99	Jayne Lambke	SPM-92	1:13:19.10	Kern Davis	SPM-05	45+	3:59:49.50	Geiger, Harrelson		3:58:49.03	Kennedy, Davis		4:57:14.00	Kennedy, Davis	
55-59	1:26:34.99	Jayne Lambke	SPM-95	1:22:48.00	Robert Aldrich	SPM-05			Salzman	SPM-04		Day	SPM-01		Harrelson, Geiger	SPM-02
60-64	1:37:37.99	Kate K-Perry	SPM-98	1:30:57.03	Konrad Euler	SPM-00	55+				4:19:08.00	Euler, Aldrich		8:08:24.20	Beach, Barb Atwood	
65-69	1:36:42.89	Patricia Bond	FMM-05	1:27:20.90	Robert Beach	SPM-00						Marzulli	SPM-05		Euler, Boaz	SPM-99
70-74	1:51:01.00	Joan Campbell	FACT-04	1:23:05.83	Robert Beach	SPM-02	65+	6:33:34.97	Knight-Perry, Hughes		4:42:36.70	Beach, Cox		6:55:23.23	Kohnken, Knight-Perry	
75-79				1:31:33.00	Robert Beach	SPM-05			Barb Atwood	SPM-00		Euler	SPM-03		Beach, Barb Atwood	SPM-00
80-84	2:43:04.99	Peggy Hughes	SPM-00				75+									
85-89																
90-94							85+									
95-99																
<b>10K, as of 9/15/05</b>																
18-24	2:25:23.15	S Brownstein	SPM-88	2:22.47.89	R Woodruff	GSC-01	18+									
25-29	2:34:12.05	Laura Kaleel	SPM-89	2:26:12.89	James Acker	SPM-87										
30-34	2:45:18.00	Pam Geiger	SPM-87	2:32:17.98	Kern Davis	SPM-89	25+									
35-39	2:43:46.00	Pam Geiger	SPM-89	2:30:30.00	Brian Rimel	SPM-03										
40-44	2:50:29.29	Pam Geiger	SPM-93	2:20:57.00	T Kennedy	SPM-97	35+	11:33.31.59	Thompson, Zappa,		7:23:17.63	Rimel, Davis				
45-49	2:41:48.00	Sharon Salzman	SPM-03	2:23:20.00	T Kennedy	SPM-03			Dirksmeyer-Nichols	FMM-03		Kennedy	SPM-03			
50-54	2:49:31.99	Jayne Lambke	SPM-90	2:23:58.38	Kern Davis	SPM-05	45+				8:01:48.38	Euler, Davis		10:17:22.63	Davis, Kennedy	
55-59	3:36:18.81	Ruth Thompson	FMM-05	2:45:46.26	Robert Beach	SPM-86						Kennedy	SPM-05		Harrelson, Salzman	SPM-03
60-64				2:58:24.99	Robert Beach	SPM-90	55+									
65-69	4:16:40.52	Doris Prokopi	FMM-05	3:00:19.72	Konrad Euler	SPM-00										
70-74				2:53:54.09	Robert Beach	SPM-02	65+									
75-79																
80-84							75+									
85-89																
90-94							85+									
95-99																

Please let me know if there are any mistakes or if I have overlooked anyone.  
This will insure the integrity and accuracy of the FL LMSC postal records.  
Send to: Margie Hutinger, 1755 Georgia Ave NE, St Petersburg, FL 33703.  
If you have questions, call Margie: 727-521-1172 or e-mail: phut@usms.org