

## Florida LMSC Records

Short Course Meters (as of 12/31/06)

### WOMEN

	50 FREE			100 FREE			200 FREE			400 FREE			800 FREE			1500 FREE		
18-24	27.65	C Watkins	FACT-04	1:00.81	K Nardozzi	SPM-05	2:14.96	Lee Nessel	SPCO-00	4:56.37	C Horrocks	WFLM-00	13:17.10	Heather Perry	ORLM-94	19:26.20	Claire Detra	FACT-04
25-29	27.88	Lisa Summers	SPM-96	1:00.62	Lisa Summers	SPM-96	2:09.19	Lisa Summers	SPM-96	4:51.84	Jenn Willis	ORLM-94	10:00.77	B Bowman	SMS-95	19:00.79	B Bowman	SMS-95
30-34	28.24	Kathy Steele	HLJ-94	1:02.31	C Petersen	SPM-98	2:12.21	Melissa Varlas	FACT-05	4:34.55	Melissa Varlas	FACT-05	10:01.72	Linda Visser	ORLM-00	18:53.04	Linda Visser	ORLM-00
35-39	28.13	C Petersen	SPM-02	1:00.48	C Petersen	SPM-01	2:09.29	C Petersen	SPM-01	4:31.94	C Petersen	SPM-01	9:34.18	C Petersen	SPM-00	18:02.75	C Petersen	SPM-00
40-44	28.87	C Shonkwiler	ORLM-01	1:02.40	C Petersen	SPM-06	2:13.86	C Petersen	SPM-06	4:41.72	C Petersen	SPM-06	10:16.12	C Shonkwiler	ORLM-00	19:27.56	C Shonkwiler	ORLM-00
45-49	30.08	Jean Bancks	HLJ-02	1:04.15	Jean Bancks	HLJ-03	2:24.36	Susan Halfacre	GSC-01	5:26.57	Cathy Fedako	SYSM-06	10:45.88	Jean Bancks	HLJ-03	20:09.37	Jean Bancks	HLJ-03
50-54	30.40	Pat Sargeant	FACT-06	1:07.60	Pat Sargeant	FACT-05	2:29.98	Pat Sargeant	FACT-05	5:15.84	Pat Sargeant	FACT-05	11:51.19	Pam Geiger	SPM-02	22:25.63	Pam Geiger	SPM-02
55-59	33.75	Jayne Lambke	SPM-94	1:15.61	Jayne Lambke	SPM-94	2:46.53	Jayne Lambke	SPM-96	5:57.89	Jayne Lambke	SPM-94	12:03.59	Jayne Lambke	SPM-98	22:40.01	Jayne Lambke	SPM-98
60-64	35.76	Jayne Lambke	SPM-99	1:20.51	Jayne Lambke	SPM-99	3:02.45	Jayne Lambke	SPM-99	6:31.27	Jayne Lambke	SPM-99	14:38.21	Pat Tullman	FMM-99	27:03.21	Patricia Bond	FMM-00
65-69	38.55	Florence Carr	HLJ-93	1:23.36	Florence Carr	HLJ-90	3:10.86	Florence Carr	HLJ-93	6:51.63	Florence Carr	HLJ-93	13:53.71	Florence Carr	HLJ-93	27:15.74	Florence Carr	HLJ-93
70-74	38.36	Florence Carr	SPM-95	1:25.01	Jean Troy	FMM-99	3:09.62	Florence Carr	SPM-96	6:45.83	Florence Carr	SPM-95	14:23.40	Florence Carr	SPM-95	27:07.40	Florence Carr	SPM-94
75-79	38.89	Jean Troy	FMM-02	1:26.20	Jean Troy	FMM-02	3:11.99	Jean Troy	FMM-02	6:44.09	Jean Troy	FMM-02	13:59.01	Jean Troy	FMM-02	31:11.52	Florence Carr	UNA-00
80-84	42.03	Florence Carr	FMM-05	1:53.01	B Cederlund	SPCO-03	4:18.76	B Cederlund	SPCO-03	8:52.19	B Cederlund	FACT-04	19:11.48	Kay Schimpf	SPM-97	36:47.00	Kay Schimpf	SPM-97
85-89	51.34	B Cederlund	FACT-06	2:04.80	B Cederlund	FACT-07	5:11.86	Kay Schimpf	FMM-02	10:29.25	Kay Schimpf	FMM-02	21:44.00	Kay Schimpf	FMM-02	41:11.16	Kay Schimpf	FMM-02
90-94																		
95-99																		
	50 BACK			100 BACK			200 BACK			50 BREAST			100 BREAST			200 BREAST		
18-24	32.17	K Nardozzi	SPM-05	1:11.26	B Runyon	SWIM-96	2:37.53	H Hagedorn	HLJ-02	36.88	D Lavette	FACT-04	1:19.85	Jennifer Alger	SPM-02	2:56.19	Esther Smith	UNA-94
25-29	31.98	Jenn Willis	ORLM-95	1:09.71	Jenn Willis	ORLM-95	2:29.06	Amanda Pagon	SPCO-00	35.7	Sudie Miller	HLJ-93	1:17.66	Lisa Summers	SPM-96	2:49.95	Bev Acker	ORLM-95
30-34	33.17	Melissa Varlas	FACT-05	1:13.63	Karen Becker	ACTT-01	2:29.62	Melissa Varlas	FACT-05	36.87	Merit Greaves	JAM-94	1:14.97	Alegra Reich	SPM-06	2:51.48	Linda Visser	ORLM-00
35-39	33.17	C Shonkwiler	DSMC-96	1:12.13	C Petersen	SPM-03	2:31.97	C Petersen	SPM-02	37.72	Maud Orlando	SPM-99	1:20.49	Beverly Lense	ORLM-01	2:53.65	Linda Visser	FACT-06
40-44	33.67	C Shonkwiler	ORLM-01	1:13.82	Sylvia Buxton	SYSM-06	2:32.82	C Petersen	SPM-06	36.86	Holly Vaughn	FACT-05	1:20.83	Holly Vaughn	FACT-05	3:00.26	Judy Tibma	DSMC-96
45-49	35.92	Susan Halfacre	GSC-01	1:18.47	Claire de Boer	SYSM-06	2:51.67	Jean Bancks	HLJ-03	38.67	E Bromwich	SPM-90	1:23.20	Deb Walker	SMS-96	3:05.04	Deb Walker	SWIM-98
50-54	38.35	Pat Sargeant	FACT-06	1:23.67	Deb Walker	SWIM-02	2:56.63	Deb Walker	SWIM-02	39.45	Deb Walker	SWIM-02	1:25.53	Deb Walker	SWIM-03	3:05.81	Deb Walker	SWIM-02
55-59	41.44	Deb Walker	FACT-06	1:31.46	Chris Gilligan	SWIM-01	3:15.26	Chris Gilligan	SWIM-01	40.85	Deb Walker	FACT-06	1:28.69	Deb Walker	FACT-06	3:15.81	Deb Walker	FACT-06
60-64	46.67	Sarah L Tyler	SNM-06	1:41.72	Pat Tullman	FMM-00	3:40.67	Sarah L Tyler	SNM-06	41.68	E Bromwich	SPM-04	1:34.30	E Bromwich	SPM-04	3:22.57	E Bromwich	SPM-04
65-69	45.61	Ann Champ	FMM-00	1:38.36	Ann Champ	FMM-01	3:28.51	Ann Champ	FMM-01	50.81	Jean Sterling	DBMS-03	1:52.45	Jean Sterling	DBMS-02	4:05.95	C Schwab	DBMS-03
70-74	49.23	B Cederlund	SPCO-95	1:46.05	Florence Carr	SPM-95	3:55.98	Florence Carr	SPM-95	50.73	Sylvia Eisele	SWIM-03	1:55.84	Gertrud Zint	HLJ-87	4:11.18	Gertrud Zint	HLJ-87
75-79	50.82	B Cederlund	SPCO-97	1:49.68	Regan Kenner	FMM-99	4:02.33	Regan Kenner	FMM-02	53.94	Gertrud Zint	HLJ-93	2:02.29	Gertrud Zint	HLJ-96	4:25.09	Regan Kenner	FMM-99
80-84	53.97	B Cederlund	SPCO-03	1:57.77	B Cederlund	FACT-04	4:23.30	B Cederlund	SPCO-03	1:04.37	Kay Schimpf	SPM-97	2:25.15	Regan Kenner	FMM-04	5:21.00	Regan Kenner	FMM-04
85-89	1:09.41	Gertrud Zint	FMM-02	2:41.33	Gertrud Zint	FMM-02	5:45.75	Gertrud Zint	FMM-02	1:10.04	Gertrud Zint	FMM-02	2:53.08	Gertrud Zint	FMM-02	6:18.17	Gertrud Zint	FMM-03
90-94																		
95-99																		
	50 FLY			100 FLY			200 FLY			100 IM			200 IM			400 IM		
19-24	30.53	D Lavette	FACT-04	1:08.78	Jennifer Alger	SPM-02	2:43.09	Allison Beebe	SPM-99	1:11.15	Tanya Felton	LCAM-02	2:30.11	Jennifer Alger	SPM-02	5:38.00	Esther Smith	UNA-94
25-29	30.09	Sudie Miller	HLJ-93	1:07.57	L Welting	FAST-95	2:29.66	L Welting	FAST-95	1:08.66	Lisa Summers	SPM-96	2:29.81	L Welting	FAST-95	5:12.72	L Welting	FAST-95
30-34	31.15	Melissa Varlas	FACT-05	1:05.24	Melissa Varlas	FACT-05	2:24.52	Melissa Varlas	FACT-05	1:08.99	Alegra C Reich	SPM-06	2:35.45	Melissa Varlas	FACT-05	5:22.89	Linda Visser	SWIM-00
35-39	30.39	C Shonkwiler	DSMC-96	1:09.72	Karen Becker	TBAC-03	2:40.03	Karen Becker	TBAC-03	1:11.47	C Petersen	SPM-02	2:30.38	C Petersen	SPM-02	5:27.96	Karen Becker	TBAC-03
40-44	31.85	C Shonkwiler	ORLM-03	1:11.95	C Shonkwiler	ORLM-01	2:58.96	Sylvia Buxton	SYSM-06	1:12.88	C Petersen	SPM-06	2:33.96	C Petersen	SPM-06	6:04.21	Jo Harrelson	SPM-98
45-49	32.25	C-Ann Hudson	LCAM-02	1:13.36	C-Ann Hudson	LCAM-02	2:49.18	Claire de Boer	SYSM-06	1:18.30	Jean Bancks	HLJ-02	2:52.94	Claire de Boer	SYSM-06	6:09.55	Jo Harrelson	SPM-01
50-54	34.89	Pat Sargeant	FACT-05	1:19.16	Pat Sargeant	FACT-05	3:08.08	Pat Sargeant	FACT-05	1:20.07	Pat Sargeant	FACT-05	2:52.46	Pat Sargeant	FACT-05	06:11.8	Pat Sargeant	FACT-06
55-59	37.7	Jayne Lambke	SPM-94	1:29.10	Susan Tyler	SNM-06	3:28.37	Jayne Lambke	SPM-94	1:31.20	Jayne Lambke	SPM-96	3:21.23	Jayne Lambke	SPM-95	6:57.84	Jayne Lambke	SPM-95
60-64	41.82	Jayne Lambke	SPM-99	1:40.35	Jayne Lambke	SPM-99	4:22.37	N Durstein	CATM-93	1:35.60	Jayne Lambke	SPM-99	3:25.90	Florence Carr	HLJ-87	8:33.38	Jean Sterling	DBMS-00
65-69	43.93	Florence Carr	HLJ-90	1:53.46	Pat Tullman	FMM-03	4:09.94	Florence Carr	HLJ-93	1:37.84	Florence Carr	HLJ-90	3:49.03	Florence Carr	SPM-94	8:16.12	Florence Carr	SPM-94
70-74	47.04	Florence Carr	SPM-96	1:55.64	Jean Troy	FMM-00	4:18.32	Jean Troy	FMM-01	1:43.66	Florence Carr	SPM-95	3:46.89	Florence Carr	SPM-95	8:19.48	Jean Troy	FMM-99
75-79	48.7	Jean Troy	FMM-02	1:58.42	Jean Troy	FMM-02	5:07.59	June Reynolds	SPM-99	1:46.72	Jean Troy	FMM-02	3:49.91	Jean Troy	FMM-02	8:30.87	Jean Troy	FMM-02
80-84	1:07.37	Florence Carr	FMM-05	2:36.99	June Reynolds	FMM-02	6:04.35	June Reynolds	FMM-03	2:17.75	June Reynolds	FMM-02	5:01.71	Kay Schimpf	SPM-97	11:05.81	Kay Schimpf	SPM-97
85-89	1:31.62	Gertrud Zint	FMM-02							2:40.99	Gertrud Zint	FMM-02	6:12.33	Gertrud Zint	FMM-02	13:32.12	Gertrud Zint	FMM-03
90-94																		
95-99																		

When you compete outside the FL LMSC and want your times included for records and the Top 5, it is your responsibility to send an **official copy of your time, date, place of meet**, to: Livia Zien, 220 24th Ave. N, St. Petersburg, FL 33704. This will insure the integrity and accuracy of the FL LMSC records. If you have any questions, please call Livia Zien at 727-641-6909 or email to livia\_h2oh@earthlink.net.

Please let me know if I have inadvertently left out any times.