

*Hospitality:*

First, I want to thank Meegan for her organization of the hospitality suite, which I know is the best run/organized hospitality of any convention. Unfortunately, we have to do it again in 2 years. The dessert social was a huge success & should be a model for future convention hosts and I discussed it briefly with a friend of mine who will be involved with next year's hospitality in St. Louis. We were very fortunate with weather in that I don't remember a night that it rained, so everyone was able to enjoy themselves outside on the balcony.

Everyone who worked the hospitality suite – thank you for your time as I think the USMS members appreciate our southern hospitality and there was no shortage of food. While I was on the late shift, I did run up to the room one day for the taco lunch and ended up helping serve the tacos as the one guy seemed overwhelmed. I think taco day was very well received, so thank you Meegan – the vegetarian option was a surprise to many & they appreciated it.

The morning crew – while I only made it to the pool once, I appreciate having the bagels & water that you could quickly grab & run onto the bus.

*Convention 2020:* I'd like to volunteer to help the planning as there are things that came to mind that I can research to see if its cost effective and other things I took note of. Overall, I don't think we need to kill ourselves to try & make everyone happy. And, I think it was Bob's suggestion to USMS to pool the funds of the non-hosting LMSC to help pay for hospitality. I had a discussion with a person about it & that person basically ignored me. Another past/future host thought it was a great idea.

**Wednesday, September 27<sup>th</sup>:**

*USAS Welcome Reception*

*Hospitality (was on duty until close)*

**Thursday, September 27<sup>th</sup>:**

*HOD #1*

*Dixie Zone meeting:*

At the Dixie Zone meeting, it was impressive to see that we had the most candidates wanting to serve on the Board with the youngest board member ever elected, Maddie Sabilia. With USMS's main focus on College Club Swimming, seems like a natural fit. I was also impressed that all/most in the room agreed that we shouldn't have to vote on having 1 or 2 candidates move forward, when all/most felt strongly to have all 4 be heard by the HOD.

*Open Water Committee meeting:*

I attended the Open Water (OW) meeting as last year I became the meet director for our Hurricane Man open water swims and was interested to see how others organize their events and what I can possibly do to make it better/more efficient. The Chair had everyone in the room say why they were there and how the OW Committee could help, which was a different way of holding a meeting, but I did learn a few things. I was going to split that time with the Coaches Committee, but I was interested in learning more about OW (sorry Bob).

*Championships Committee meeting #1:*

This year was the first year that I was on the Championships Committee and got to sit at the table... and take notes 😊 This past year it was exciting as a long time participant at USMS Nationals to read through the bids for future meets and to speak to the organizing committees of those bidding. It was also fun to look through some suggested meet order of events and trying to pick the best possible line up (there really is no "best" as we all swim different events). USMS Nationals is a huge undertaking and I applaud all who applied to host and all the planning that is involved.

HOD #2

*FL LMSC Social 6-10pm and Hospitality (was on duty until close)*

Helped Meegan & Joannie set up, then I was "on duty" the rest of the evening.

## Friday, September 28<sup>th</sup>:

### *Championships Committee meeting #2*

We had 2 meetings at convention that were productive and there is never a shortage of conversation at these meetings. NQTs and National Meet timelines after the largest USMS Spring meet ever in May 2018, are a hot topic and we will be working on this in the coming year.

### *Understanding and Engaging Volunteers – Survey Results from the Volunteer Task Force workshop:*

It ended up being more of a group exercise than learning about what the Task Force had worked on the past year. For my team, volunteering is like pulling teeth, so I really wanted to see what others do and what the task force might suggest to LMSCs/teams in engaging folks to volunteer.

*Sports Medicine: Dr. Tanaka's Presentation:* I love this guy! Who knew that mature adults can be compared to the naked mole rats and how Masters swimmers like the mole rat may look older from the outside, but inside (because we lead healthy lifestyles) are in better shape than those our age who don't exercise. His presentation and sense of humor was the highlight of my day.

*HOD #3*

## Saturday, September 29<sup>th</sup>:

### *Swim practice*

*HOD #4*

*HOD #5*

*USAS Banquet* – very excited that my friend Ed Tsuzuki was given the highest USMS Volunteer award this year, the Ransom Arthur award. He has contributed so much to USMS and I was happy that we were assigned random seats at his table.

*Hospitality* (on duty until close)